



working together to create safer spaces

An Overview of
Monthly Meeting | March 4th, 2025
Uniting Stories: Marysville-Tulalip Coalition

Done in Meeting

- Reviewed status of implementation of programs.
 - Particular focus on Botvin Life Skills Training in partnership with Marysville Middle school
- Community partner check-in and upcoming events.
- Discussed partnership with Tulalip Youth Council.
- Review You Are Not Alone Event
- Began discussions for next year's North County You Are Not Alone event.
- Approved change in leadership, Amanda Phung approved as Vice Chair

Botvin Life Skills: Uniting Stories is looking to build our base of instructors to implement the Botvin Life Skills program. Programs range in length from 7 sessions to up to 15 sessions, depending on which implementation is being offered. These sessions are planned to be implemented within a community setting. The coalition is offering a \$40 stipend per session. With any interest or questions please reach out to unitingstoriescoalition@gmail.com.

Coalition Leadership

Opportunity in Leadership: The position of Secretary is currently open and we are looking to fill this position with someone who is interested in stepping into leadership. If you have an interest in joining our leadership team, please reach out to unitingstoriescoalition@gmail.com.

Chair| **Todd Hobart**
Vice-Chair| **Amanda Phung**
Secretary| **Open**
Social Media Liaison| **Jodi Runyon**
Coalition Coordinator| **Ryan Ciganek**

Sector Representatives

To increase consistent engagement within the community we are developing a more formal role of “Sector Representative” within the Coalition. Please look through the list of [“sectors”](#) and contact Ryan Ciganek if you would like to step into the role of Sector Representative for the sector of the community that you can represent within the coalition. If you have any ideas of others who might be a good fit for this role, please let Ryan know.

Community Sectors are listed below:

- Parents
- Youth
- Business
- Local/State/Tribal Government
- Law Enforcement
- Education
- Healthcare
- Youth Serving Organizations
- Religious/Fraternal Organizations
- Civic/Volunteer Organizations
- Media
- Substance Abuse Organizations

Work Groups/Subcommittees

Please take a look at these groups and join one that suits your interests and strengths. You can see the list/sign on to a group [HERE](#):

- Policy Review
- Recruitment
- Botvin Life Skills
- Strategic Plan
- Media Campaign
- Key Leader Event/Outreach
- You are Not Alone: North County

Upcoming Coalition Meeting Dates

Apr 1st, 2025 | 10:00AM | Hibulb Cultural Center
May 6th, 2025 | 10:00AM | Marysville Community Center

Community Check-in & Upcoming Events

Catholic Community Services:

- In school presentations about substance use treatment throughout Marysville School District secondary schools, ongoing through school year

Library:

- There are so many wonderful events coming up at Sno-Isle Library. Click [HERE](#) for more info!
- See fliers below

Marysville Parks, Culture, and Recreation:

- [City of Marysville Events](#)
- Shamrock Walk Scavenger Hunt – March 1-16
 - https://anprod.active.com/marysvillewa/servlet/adminChange.sdi?oc=Activity&activity_id=10376
- Summer Camps Registration opens March 1
 - <https://www.marysvillewa.gov/386/Participate-in-a-youth-program>

Mentorship Program:

- If you are interested in getting involved as an awesome mentor to Marysville youth, or know someone who might be interested, please contact Larisa Koenig at larisa_koenig@msd25.org
- Check out more info and get involved with this incredible program [HERE](#)!

Stilly Valley Health Connections:

- Check out the exciting events and opportunities with Stilly Valley Health Connections [HERE](#)
- Stilly Valley Health will be offering a babysitting course. For information visit the link:
 - <https://www.eventbrite.com/e/babysitting-and-child-safety-certification-tickets-1143016967519>

Tulalip Education Division:

- Tons of great activities for youth within the Marysville School District. Check out their [Facebook!](#)

Event Flyers and Attachments

Please feel free to share and distribute the following flyers in support of upcoming community events.

MARYSVILLE LIBRARY EVENTS



Drop-In Tech Help

MON MARCH 10 | 2:30 – 4 PM

Bring your device for help with downloading ebooks, audiobooks, streaming movies, and more.



Financial Aid Help / Ayuda Financiera para Estudiantes

WED MARCH 12 | 5:30 – 7:30 PM

MON MARCH 24 | 5:30 – 7:30 PM

Get help completing financial aid forms including FAFSA or WASFA. / Reciban ayuda para completar sus formularios de ayuda financiera, incluyendo FAFSA o WASFA.



In partnership with Keep Dreams Alive Foundation



Songs from the Heart WITH PETER ALI

THU MARCH 27 | 3:30 – 5 PM

Join us for live music by Native flutist Peter Ali, featuring songs from Native American, Mezo American, Middle Eastern, and Nordic cultures.

REGISTRATION REQUIRED.

Funded by Friends of Marysville Library.

MORE EVENTS AT YOUR LIBRARY

STORYTIMES & PLAY

Preschool Storytime
Mondays • 9:30 & 11 AM

Baby Storytime
Tuesdays • 9:30 & 11 AM

Toddler Storytime
Wednesdays • 9:30 & 11 AM

Stay and Play
Thursdays • 9:30 & 11 AM

**Talk Time for
English Language Learners**
Wednesdays • 5 PM

Fantastic Friday
Fridays, March 7, 14 & 21 • 3 PM

**Community Connections:
Bringing Help to You**
Tuesday, March 4 • 3:30 PM

Narcan® Giveaway (Naloxone)
with HOST
Tuesday, March 4 • 3:30 PM

**Mindful Art: Painting with
Alcohol Inks**
Thursday, March 13 • 6 PM

Chemical Reactions
Friday, March 28 • 3 PM

Discover **MORE EVENTS AND REGISTER ONLINE:**



MARYSVILLE LIBRARY

6120 GROVE ST. | 360-658-5000

@marysvillelibrary

LEGEND: Registration Required Kids Twins Teens Families Adults

***EVENTS SUBJECT TO CHANGE.**

To request accommodations for an event, email accessibility@sno-isle.org or visit sno-isle.org.

The Marysville School District has neither reviewed nor approved the program, personnel, activities or organizations associated in this flyer and undertakes no responsibility to supervise these events. Permission to distribute this flyer should not be considered a recommendation or endorsement of the program by the district. In consideration of the privilege to distribute these materials, the Marysville School District shall be held harmless from any cause of action or claim arising out of the events or activities advertised in these materials, include all costs, attorney fees and judgments or awards.

SNO-ISLE LIBRARIES

sno-isle.org/events

Spring storytimes

MARCH 1 – MAY 31



BABY STORYTIME
TUESDAYS - 9:30 & 11:00 AM



TODDLER STORYTIME
WEDNESDAYS - 9:30 & 11:00 AM



PRESCHOOL STORYTIME
MONDAYS - 9:30 & 11:00 AM



STAY & PLAY
THURSDAYS - 9:30 & 11:00 AM

**No programs on April 21 and May 26.*

A play time or activity may follow.



MARYSVILLE LIBRARY

6120 Grove St.
360-658-5000

sno-isle.org

To request accommodations for an event, email accessibility@sno-isle.org or visit sno-isle.org.

SNO-ISLE LIBRARIES



WEDNESDAYS • 5:00 PM
JANUARY 8 - JUNE 11

Join us!

Talk Time is a fun way to meet friends and practice your English conversation skills in a friendly, safe and supportive environment.

Find up-to-date listings online or call to sign up.

To request accommodations for an event, email accessibility@sno-isle.org or visit sno-isle.org.

¡Acompáñanos!

Talk Time es una manera divertida de conseguir amigos y practicar tus habilidades de conversación en inglés en un entorno amistoso, seguro y comprensivo.

Encuentra listas actualizadas en línea en sno-isle.org/talk-time o llama para inscribirte.

Para solicitar adaptaciones para un evento, envía un correo electrónico a accessibility@sno-isle.org o visita sno-isle.org.

Присоединяйтесь к нам!

Разговорный клуб Talk Time — увлекательный способ завести друзей и отработать навыки общения на английском языке.

Ознакомьтесь с актуальными списками участников на сайте sno-isle.org/talk-time или позвоните, чтобы записаться.

Чтобы подать заявку на размещение для участия в мероприятии, напишите на почту accessibility@sno-isle.org или посетите sno-isle.org.



Learn more: sno-isle.org/talk-time

FOR ADULTS



MARYSVILLE LIBRARY

6120 Grove St.
 360-658-5000

SNO-ISLE
 LIBRARIES



SNO-ISLE LIBRARIES

Te podemos ayudar

- ¿Necesitas ayuda con FASFA/WASFA?
- ¿No han podido crear su FSA ID?
- ¿Simplemente han estado batallando con este proceso?



FAFSA WASFA



Brindaremos asistencia para completar la aplicación de ayuda financiera en Inglés y Español en la Biblioteca Sno-Isle de Marysville.

FEB

MIE 02/12
LUN 02/24
5:30PM

MAR

MIE 03/12
LUN 03/24
5:30PM

ABR

MIE 04/02
LUN 04/14
5:30PM

No es necesario cita previa.

Por favor traiga su computadora y la documentación de los impuestos familiares del año 2023.

Para preguntas por favor envíe un correo electrónico a info@keepdreamsalive.org

NATIVE AMERICAN STUDENT ART FESTIVAL 2025

Thursday, April 17th
3:00PM-7:00PM

Greg Williams Court

6700 Totem Beach Rd, Tulalip, WA 98271



ELIGIBILITY

All Tulalip natives in any school district and other natives in the Marysville School District.

GUIDELINES

- Kindergarten-12th grades.
- Students can enter one item per category (must specify).
- Artist name, grade, school, category, and phone number must be on the back of art.
- Artwork must be original piece created by only the student submitting.

Students **in** the Marysville School District can pick up their art from their Advocate/Liaison between May 7-9.

DEADLINE

Artwork must be labeled and submitted by **Thursday, April 10**. Late entries will NOT be accepted!

- Art cannot be previously used in the Art Festival.
- The artwork cannot have explicit or inappropriate content.
- The student or guardian is responsible to submit artwork by the deadline.
- Artwork must be completed (i.e., dry) and secured.

SUBMIT TO

Don Hatch Youth Center (Education Office) or your school liaison/advocate.

CATEGORIES

- Drawing
- Painting
- Sculpture
- Mixed Media
- Writing and Poetry
- Culture (Including Carving, Beadwork, Cedar Weaving, Regalia, Drums, Etc.)
- Digital Art and New Media
- ♥ Pure Heart

♥ For Native students w/ disabilities

Students **outside** of the Marysville School District must pick up their art at the Youth Center between May 7-9.

For more information contact **Courtney Jefferson** at 360-716-4882 or courtneysheldon@tulaliptribes-nsn.gov



SNO-ISLE LIBRARIES

We can help you!

- Do you need help filling out your FASFA/WASFA application?
- Not being able to create your FSA ID account?
- Simply struggling with these forms?



FAFSA WASFA



We will provide assistance in completing the financial aid application in English and Spanish at the Marysville Sno-Isle Library.

FEB

WED 02/12

MON 02/24

5:30PM

MAR

WED 03/12

MON 03/24

5:30PM

APR

WED 04/02

MON 04/14

5:30PM

Walk in Welcome. No appointment needed.

Please bring your computer and family taxes documentation from 2023.

For questions please email at info@keepdreamsalive.org



CAMP MARIPOSA Everett, WA

Transforming lives
together.



2024 Camp Dates

Overnight Youth Ages 9-12

April 12-14, 2024

May 31-June 2, 2024

August 26-28, 2024

October 18-20, 2024

December 6-8, 2024

Teen Day Camps Ages 13-17

May 4, 2024

August 3, 2024

September 28, 2024

December 7-8, 2024
(overnight camp)

Family Events

In addition to our camps we also offer six free family events throughout the year.

Past events:
small boat sailing
roller skating
pumpkin patch
trampoline park

Camp Mariposa Everett is a free therapeutic camp, run by Compass Health for youth ages 9-17 affected by substance use disorder in their families. Youth participate in fun, traditional camp activities as well as education and support sessions led by mental health professionals and trained adult mentors. In addition to our camps, we also have family events. Our family events strengthen our Camp Mariposa community by creating connections within the families. Everett is part of Eluna's Camp Mariposa network.

Camp Mariposa helps youth:

- Reduce feelings of isolation and guilt
- Connect with friends facing similar circumstances
- Learn that addiction not their fault
- Build confidence
- Learn critical life skills
- Have FUN!

For more information:

To refer a youth, become a mentor or learn about the program, please contact

Sheridan Haroian, Camp Mariposa Program Supervisor, at 425-349-8480 or email at

campmariposa@compassh.org





MONDAYS

**5:30 PM - 8 PM
FIRST MEETING IS SEPT 9TH**

VOLUNTEER AND DV ADVOCATE TRAINING

Domestic Violence Services of Snohomish County is excited to bring back it's Volunteer and Advocacy Training! By law all volunteers who would like to work directly with clients and children must complete a minimum 20 hours of Domestic Violence Advocacy Training. This training will begin September 9th, 2024, and be from 5:30 - 8 pm every Monday night.



WE NEED HELP FOR:

- ✓ Support Line
- ✓ Support Group Assistance
- ✓ Shelter Maintenance
- ✓ Clerical/Office Help
- ✓ Special Events
- ✓ Working with Children

QUESTIONS?

Contact
425.259.2827 x 1013

Lauren@dvs-snoco.org

Visit our website
dvs-snoco.org



Virtual Youth Mental Health First Aid



What is the purpose of this class?

Youth Mental Health First Aid will improve your knowledge of mental health and substance use problems, and will teach you how to connect youth with care when needed.

Why is the class being offered?

Anyone can make a difference in the life of an adolescent struggling with mental health or substance use issues.

We aim to provide tools and education to help people recognize signs of mental health challenges, and to support and respond to youth in distress.

Learn a 5-step action plan to help a young person cope with mental health or substance use problems.

Be aware and informed.

Who should attend?

This class is open to adults who regularly interact with adolescents 12 to 18.

Where is this class located?

This class is being offered virtually.

The virtual class is a free two-part series. The series includes a self-guided course and a live instructor led-course.

The date you sign up for is the date of the live instructor-led course.

What is the cost to attend?

In partnership with Valley Cities, classes are **free**. Funded by King County MIDD Behavioral Health Sales Tax-Supporting Behavioral Health and Recovery.

LEARN MORE OR REGISTER

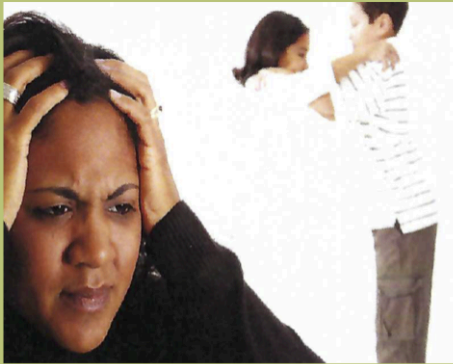
Online: www.seattlechildrens.org/classes

By phone: Seattle Children's Classes Registration, 206-987-9878

Be the difference in the life of an adolescent.



Updated 10/19/23



ONLINE Parent Support Group



Are you the parent of a youth or adolescent who may be living with Emotional/ Behavioral problems or Mental Illness?

Come join our monthly Parent Support Group from the comfort of your own home with Zoom (details below). If your youth has rages, ADHD behaviors, is defiant, or is self-harming, **YOU ARE NOT ALONE!** Families share acceptance and seemingly hidden mental health care and **RESOURCES**. This group is a safe, **CONFIDENTIAL** place to vent and support each other as you walk the 24/7 challenge of rearing and loving a youth with an illness you cannot fix. We are all walking a similar walk, and sharing our struggles helps to make it more bearable.

WHEN: 1st Tuesday of each month

TIME: 7:00pm- 8:30pm

LINK: <https://zoom.us/meeting/register/tJMqdOuogjorH9CyhSK5v4XeRDHorrtS0AnZ>

**Please email questions to
namisnohomishteam@gmail.com**

There are only 12 spaces available for each support group meeting. There are no reservations available. Participants are granted access to the meeting on a first come, first served basis. The meeting will be locked once we have reached maximum capacity, and no more participants will be admitted. This limit is in place to allow facilitators a comfortable amount of time to address all participants. For this reason, participants are encouraged to try logging on 10 minutes early to enter the waiting room and test connection & equipment. If you do not make it into the meeting one month we encourage you to try again the following month.



COVID 19 has changed our society and increased our need for **EMOTIONAL SUPPORT** and **SELF-CARE**. We provide an opportunity to share **UNDERSTANDING** and **CARE FOR OURSELVES** amid society challenges!! For our youth and adolescents, mental health issues get ignored. The **STIGMA** in society so isolates families trying to care for their youth in the throes of these disorders with very few resources. Our adolescents have few appropriate friends and we parents become isolated. Society wants to just blame the parents!! Only 20% of our challenged adolescents are ever identified and fewer still receive treatment. **TREATMENT WORKS!!** Fight for your youth to be tested for an IEP. Social/Emotional problems are one of the **13 FEDERAL** categories for **SPECIAL EDUCATION!!**

**You didn't CAUSE it, you can't (easily) CONTROL it
You can't CURE it, You must learn to COPE with it.**

~ David Karp M.D.