



working together to create safer spaces

An Overview of  
**Monthly Meeting | April 1st, 2025**  
Uniting Stories: Marysville-Tulalip Coalition

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**Done in Meeting**

- Reviewed status of implementation of programs.
  - Particular focus on Botvin Life Skills Training in partnership with Marysville Middle school
- Community partner check-in and upcoming events.
- Identifying core planning team members for You Are Not Alone 2026 Event. Selected meeting times for the planning team group.
- Discussed leadership roles and open Secretary position.
- Announcement about coalition leadership.

**Botvin Life Skills:** Uniting Stories is looking to build our base of instructors to implement the Botvin Life Skills program. Programs range in length from 7 sessions to up to 15 sessions, depending on which implementation is being offered. These sessions are planned to be implemented within a community setting. The coalition is offering a \$40 stipend per session. With any interest or questions please reach out to [unitingstoriescoalition@gmail.com](mailto:unitingstoriescoalition@gmail.com).

## **Coalition Leadership**

**Announcement:** After two year as the coalition coordinator, Ryan Ciganek has accepted a position as a full time mental health therapist within the Marysville School District. Ryan states, “I am so grateful for my time as the coalition coordinator. I have been lucky to engage in positive community work alongside so many passionate and dedicated people. I am looking forward to continuing as an active member of Uniting Stories Coalition and excited to see what we dream up next.”

**Opportunity in Leadership:** The position of Secretary is currently open and we are looking to fill this position with someone who is interested in stepping into leadership. If you have an interest in joining our leadership team, please reach out to [unitingstoriescoalition@gmail.com](mailto:unitingstoriescoalition@gmail.com).

Chair| **Todd Hobart**  
Vice-Chair| **Amanda Phung**  
Secretary| **Open**  
Social Media Liaison| **Jodi Runyon**  
Coalition Coordinator| **Open**

## **Sector Representatives**

To increase consistent engagement within the community we are developing a more formal role of “Sector Representative” within the Coalition. Please look through the list of [“sectors”](#) and consider stepping into the role of Sector Representative for the sector of the community that you can represent within the coalition.

Community Sectors are listed below:

- |                                 |                               |
|---------------------------------|-------------------------------|
| - Parents                       | - Law Enforcement             |
| - Youth                         | - Education                   |
| - Business                      | - Healthcare                  |
| - Local/State/Tribal Government | - Youth Serving Organizations |

- Religious/Fraternal Organizations
- Civic/Volunteer Organizations
- Media
- Substance Abuse Organizations

### **Work Groups/Subcommittees**

Please take a look at these groups and join one that suits your interests and strengths. You can see the list/sign on to a group [HERE](#):

- Policy Review
- Recruitment
- Botvin Life Skills
- Strategic Plan
- Media Campaign
- Key Leader Event/Outreach
- You are Not Alone: North County

### **Upcoming Coalition Meeting Dates**

**May 6th, 2025** | 10:00AM | Marysville Community Center  
**Jun 3rd, 2025** | 10:00AM | Hibulb Cultural Center

### **Community Check-in & Upcoming Events**

#### **Catholic Community Services:**

- In school presentations about substance use treatment throughout Marysville School District secondary schools, ongoing through school year

#### **Library:**

- There are so many wonderful events coming up at Sno-Isle Library. Click [HERE](#) for more info!
- See fliers below

#### **Marysville Parks, Culture, and Recreation:**

- [City of Marysville Events](#)
- Summer Camps Registration opened March 1
  - <https://www.marysvillewa.gov/386/Participate-in-a-youth-program>

**Mentorship Program:**

- If you are interested in getting involved as an awesome mentor to Marysville youth, or know someone who might be interested, please contact Larisa Koenig at [larisa\\_koenig@msd25.org](mailto:larisa_koenig@msd25.org)
- Check out more info and get involved with this incredible program [HERE!](#)

**Stilly Valley Health Connections:**

- Check out the exciting events and opportunities with Stilly Valley Health Connections [HERE](#)
- Stilly Valley Health will be offering a babysitting course. For information visit the link:
  - <https://www.eventbrite.com/e/babysitting-and-child-safety-certification-tickets-1143016967519>

**Tulalip Education Division:**

- Tons of great activities for youth within the Marysville School District. Check out their [Facebook!](#)

**Event Flyers and Attachments**

Please feel free to share and distribute the following flyers in support of upcoming community events.





## MAKE YOUR SPRING & SUMMER GREAT!

[marysvillewa.gov/parks](http://marysvillewa.gov/parks)  
*Register Today*



### Adult & 55+ Classes

Art, Cards, Fitness, Line Dance, Coffee Chat  
Pickleball, Yoga, Free Senior Lunches\*  
Volunteer Opportunities

\*This project [is being] [was] supported, in whole or in part, by federal award number SLFRP0194 awarded to Snohomish County by the U.S. Department of Treasury.

Seattle Opera  
Earth to Kenzie  
Apr 6, 2-3 p.m. Opera House FREE

Elton John Tribute  
Madman Across the Water  
Apr 18, 7-9 p.m. Opera House

Chicago Tribute  
Authority Seattle  
May 9, 7-9 p.m. Opera House

Mother's Day Celebration 55+  
May 9, 10 a.m.-Noon Comm Ctr FREE\*

Father's Day Celebration 55+  
Jun 13, 10 a.m.-Noon Comm Ctr FREE\*



### Summer Camps

Art, Dance, STEM, Sewing, Theater, Preschool  
Lacrosse, Track & Field, Pickleball, Multi-Sports



## Free Spring/Summer Events 2025

**Marysville Parks, Culture & Recreation**  
[marysvillewa.gov/parks](http://marysvillewa.gov/parks) 360-363-8400



**EGGstravaganza Egg Hunt**  
Apr 19, 10-11 a.m. Jennings Park

**Fishing Derby**  
May 3, 8-11 a.m. Jennings Park  
May 17, 8 a.m.-1 p.m. Gissberg Twin Lakes

**Mother Lovin' Market**  
May 4, 10 a.m.-3 p.m. Jennings Park

**Poochella**  
Jun 7, 10 a.m.-2 p.m. Asbery Field

**4th of July Celebration**  
Jul 4, 7-10:30 p.m. Ebey Waterfront Park

**Junk in the Trunk**  
Jul 12, 9 a.m.-1 p.m. Community Center

**Summer Splash Family Festival**  
Jul 19, 11 a.m.-2 p.m. Comeford Park

**Quilt and Art Walk**  
Aug 5, 4-7 p.m. Jennings Park

**National Night Out**  
Aug 5, 5:30-7 p.m. Comeford Park

**Touch-A-Truck**  
Sep 13, 10 a.m.-1 p.m. Asbery Field





### MUSIC at Comeford Park

**WEDNESDAYS - NOON**

JULY 16 Brian Waite Kids Rock and Roll

JULY 30 Recess Monkey Kids Indie Rock

AUG. 13 Eli Rosenblatt Kids World Music

**WEDNESDAYS - 5:30 p.m.**

JULY 9 Stilly River Lockdown Rock Country

JULY 23 James Berkley Acoustic Pop

AUG. 6 Todo Es Acoustic Latin Jazz

### MOVIES at Jennings Park

**FRIDAYS - DUSK**

JULY 11 Captain America Brave New World (PG-13)

JULY 18 The Fall Guy (PG-13)

JULY 25 Inside Out 2 (PG)

AUG. 1 Moana 2 (PG)

AUG. 8 Snow White New Release (PG)

# Summer Camps 2025

## Mini Camps ages 4-6 Grove Elementary

Garden Magic	Jun 23-27	Mon, Wed, Fri
Princess & Pirate Party	Jun 30 - Jul 2	Mon, Wed
Terrific Trains	Jul 7-11	Mon, Wed, Fri
Submarine Explorers	Jul 14-18	Mon, Wed, Fri
Mini Ultimate Sports	Jul 21-25	Mon, Wed, Fri
Dinosaur Discovery	Jul 28-Aug 1	Mon, Wed, Fri
Summer Cool Down	Aug 4-8	Mon, Wed, Fri



## Dance Camps ages 3-5, 4-6, 5-7 Marysville Community Center

Ice Princesses	Jun 16-18	Mon, Tue, Thu
On the Serengeti	Jul 8-10	Tue, Wed, Thu
Super Sisters ages 3-9	Jul 22-24	Tue, Wed, Thu
Island Princesses	Aug 19-21	Tue, Wed, Thu

## Ultimate Sports Camps Marysville/Lakewood Locations

Pickleball Camp ages 8-14	Aug 4-7	Mon-Thu
Track & Field Camp ages 8-14	Jul 7-10	Mon-Thu
Volleyball Camp ages 8-13	Jul 14-17	Mon-Thu
Lacrosse ages 8-12	Aug 11-14	Mon-Thu
Just Kids Skill Camp ages 6-11	Jul 14-17	Mon-Thu



## Speciality Camps Rotary Ranch / Jennings Barn

<b>AI Robo Camps</b>		
Roar with Robotics ages 5-7	Jul 14-18	Mon-Fri
AI Powered Game Creation ages 8-12	Jul 7-11	Mon-Fri
Robot Wars ages 8-12	Jul 14-18	Mon-Fri
Art-Rageous Arts & Craft ages 7-11	Jul 7-11	Mon-Fri
Art-Rageous Arts & Craft ages 7-11	Aug 4-8	Mon-Fri
Art-Rageous Arts & Craft ages 11-15	Aug 4-8	Mon-Fri
Babysitting Basics ages 10-14	Aug 11-15	Mon-Fri
Crochet Camp ages 10-15	Aug 11-15	Mon-Fri
Camp Fire-I'm Peer Proof ages 8-11	Aug 11-15	Mon-Fri
<b>Camp Stitch-a-Lot</b>		
Sewing 100 ages 10-17	Jun 23-27	Mon-Fri
Sewing 310 ages 10-17	Jun 23-27	Mon-Fri
Cherrywood Preschool ages 3.5-5	Aug 5-8	Tue-Fri
<b>Minds in Motion</b>		
Future Engineers ages 8-12	Jul 28-Aug 1	Mon-Fri
RE/Co Robot ages 8-12	Jul 28-Aug 1	Mon-Fri
<b>Playwell TEKnology w/LEGO Materials</b>		
Minecraft Engineering ages 5-7	Jul 21-25	Mon-Fri
Minecraft Master Eng. ages 8-12	Jul 21-25	Mon-Fri
Radical Rides ages 5-7	Aug 18-22	Mon-Fri
Radical Rides 2.0 ages 8-12	Aug 18-22	Mon-Fri



## Music Theater Camp Marysville Opera House

Melodies Pawistively Broadway ages 8-12	Jun 23-27	Mon-Fri
Broadway Big and Bold ages 13-17	Jun 23-27	Mon-Fri
Stage Ready Voices ages 8-12	Jul 7-18	Mon - Fri
Vocal Artistry and Performance ages 13-17	Jul 7-18	Mon - Fri
Melodies of Heros and Villains ages 8-12	Jul 21-25	Mon-Fri
Broadway Through the Decades ages 13-17	Jul 21-25	Mon - Fri
Song & Dance Hapily Ever After ages 8-12	Aug 11-15	Mon - Fri
Song & Dance Musical Medley ages 13-17	Aug 11-15	Mon - Fri



**MARYSVILLE**  
PARKS, CULTURE & RECREATION

[www.marysvillewa.gov/parks](http://www.marysvillewa.gov/parks)  
360-363-8400



# MARYSVILLE LIBRARY EVENTS



## Family Reading Night

**THU APRIL 10 | 6:30 – 7:30 PM**

Throw on your PJs, grab your stuffed animals, and enjoy a night of word games and cozy reading.



## Teen Poetry Slam

**FRI APRIL 25 | 7 – 8:30 PM**

Bring your own poem or write a new piece at the slam and perform it. For teens age 13 to 18 and their friends and family.



*Funded by Friends of Marysville Library*



## Medicare Fraud Prevention

**MON APRIL 28 | 3 – 4 PM**

The average fraud victim loses around \$34,000 per incident. Hear how you can avoid joining these victims.

**REGISTRATION REQUIRED.**

*Presented by Statewide Health Insurance Benefits Advisors (SHIBA).*

## MORE EVENTS

### STORYTIMES & PLAY

**Preschool Storytime**

Mondays • 9:30 & 11 AM

*\*No programs April 21.*

**Baby Storytime**

Tuesdays • 9:30 & 11 AM

**Toddler Storytime**

Wednesdays • 9:30 & 11 AM

**Stay and Play**

Thursdays • 9:30 & 11 AM

### Talk Time for

**English Language Learners**

Wednesdays • 5 PM

**Fantastic Fridays**

Fridays • 3 – 4:30 PM

**Community Connections**

Tuesday, April 1 • 3:30 PM – 5 PM

**Narcan® Giveaway (Naloxone)**

Tuesday, April 1 • 3:30 – 5 PM

**Financial Aid Help / Ayuda**

**Financiera para Estudiantes**

Wednesday, April 2 • 5:30 – 7:30 PM

Monday, April 14 • 5:30 – 7:30 PM

**Crafting Poetry Chapbooks**

Thursday, April 3 • 6 PM

**Drop-In Tech Help**

Monday, April 7 • 2:30 – 4 PM

**Introduction to**

**Foundation Directory**

Thursday, April 10 • 3 PM

*Discover* **MORE EVENTS AND REGISTER ONLINE:**



### MARYSVILLE LIBRARY

6120 GROVE ST. | 360-658-5000

@marysvillelibrary

**LEGEND:** Registration Required Kids Twins Teens Families Adults

Hybrid Event Part of a Series

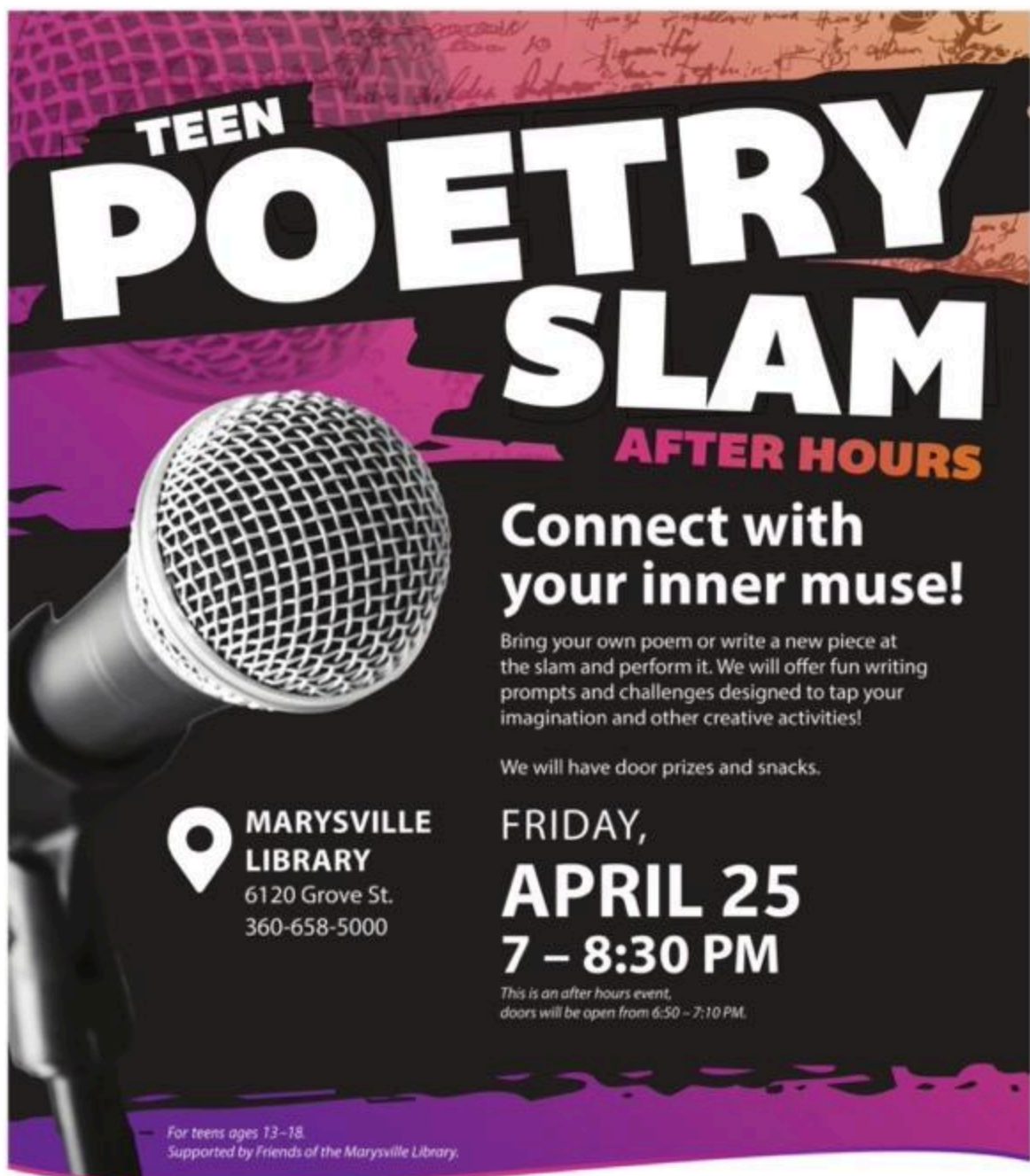
**\*EVENTS SUBJECT TO CHANGE.**

To request accommodations for an event, email [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) or visit [sno-isle.org](http://sno-isle.org).

The Marysville School District has neither reviewed nor approved the program, personnel, activities or organizations associated in this flyer and undertakes no responsibility to supervise these events. Permission to distribute this flyer should not be considered a recommendation or endorsement of the program by the district. In consideration of the privilege to distribute these materials, the Marysville School District shall be held harmless from any cause of action or claim arising out of the events or activities advertised in these materials, including all costs, attorney fees and judgments or awards.

## SNO-ISLE LIBRARIES

[sno-isle.org/events](http://sno-isle.org/events)



# TEEN POETRY SLAM

**AFTER HOURS**


## Connect with your inner muse!

Bring your own poem or write a new piece at the slam and perform it. We will offer fun writing prompts and challenges designed to tap your imagination and other creative activities!

We will have door prizes and snacks.

**FRIDAY,  
APRIL 25  
7 – 8:30 PM**

*This is an after hours event,  
doors will be open from 6:50 – 7:10 PM.*

 **MARYSVILLE  
LIBRARY**  
6120 Grove St.  
360-658-5000

For teens ages 13-18.  
Supported by Friends of the Marysville Library.

**sno-isle.org**

To request accommodations for an event,  
email [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) or visit [sno-isle.org](http://sno-isle.org).

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# Spring storytimes

MARCH 1 – MAY 31



**BABY STORYTIME**  
TUESDAYS - 9:30 & 11:00 AM



**TODDLER STORYTIME**  
WEDNESDAYS - 9:30 & 11:00 AM



**PRESCHOOL STORYTIME**  
MONDAYS - 9:30 & 11:00 AM



**STAY & PLAY**  
THURSDAYS - 9:30 & 11:00 AM

*\*No programs on April 21 and May 26.*

A play time or activity may follow.



**MARYSVILLE LIBRARY**

6120 Grove St.  
360-658-5000

**sno-isle.org**

To request accommodations for an event, email [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) or visit [sno-isle.org](http://sno-isle.org).

**SNO-ISLE LIBRARIES**





**WEDNESDAYS • 5:00 PM**  
**JANUARY 8 - JUNE 11**

### Join us!

Talk Time is a fun way to meet friends and practice your English conversation skills in a friendly, safe and supportive environment.

Find up-to-date listings online or call to sign up.

To request accommodations for an event, email [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) or visit [sno-isle.org](http://sno-isle.org).

### ¡Acompáñanos!

Talk Time es una manera divertida de conseguir amigos y practicar tus habilidades de conversación en inglés en un entorno amistoso, seguro y comprensivo.

Encuentra listas actualizadas en línea en [sno-isle.org/talk-time](http://sno-isle.org/talk-time) o llama para inscribirte.

Para solicitar adaptaciones para un evento, envía un correo electrónico a [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) o visita [sno-isle.org](http://sno-isle.org).

### Присоединяйтесь к нам!

Разговорный клуб Talk Time — увлекательный способ завести друзей и отработать навыки общения на английском языке.

Ознакомьтесь с актуальными списками участников на сайте [sno-isle.org/talk-time](http://sno-isle.org/talk-time) или позвоните, чтобы записаться.

Чтобы подать заявку на размещение для участия в мероприятии, напишите на почту [accessibility@sno-isle.org](mailto:accessibility@sno-isle.org) или посетите [sno-isle.org](http://sno-isle.org).



**Learn more: [sno-isle.org/talk-time](http://sno-isle.org/talk-time)**

**FOR ADULTS**



**MARYSVILLE LIBRARY**

6120 Grove St.  
 360-658-5000

**SNO-ISLE**  
 LIBRARIES



SNO-ISLE LIBRARIES

# Te podemos ayudar

- ¿Necesitas ayuda con FASFA/WASFA?
- ¿No han podido crear su FSA ID?
- ¿Simplemente han estado batallando con este proceso?



## FAFSA WASFA



Brindaremos asistencia para completar la aplicación de ayuda financiera en Inglés y Español en la Biblioteca Sno-Isle de Marysville.

FEB

MIE 02/12  
LUN 02/24  
5:30PM

MAR

MIE 03/12  
LUN 03/24  
5:30PM

ABR

MIE 04/02  
LUN 04/14  
5:30PM

No es necesario cita previa.

Por favor traiga su computadora y la documentación de los impuestos familiares del año 2023.

Para preguntas por favor envíe un correo electrónico a [info@keepdreamsalive.org](mailto:info@keepdreamsalive.org)

# NATIVE AMERICAN STUDENT ART FESTIVAL 2025

Thursday, April 17<sup>th</sup>  
3:00PM-7:00PM

Greg Williams Court

6700 Totem Beach Rd, Tulalip, WA 98271



## ELIGIBILITY

All Tulalip natives in any school district and other natives in the Marysville School District.

## GUIDELINES

- Kindergarten-12th grades.
- Students can enter one item per category (must specify).
- Artist name, grade, school, category, and phone number must be on the back of art.
- Artwork must be original piece created by only the student submitting.

Students **in** the Marysville School District can pick up their art from their Advocate/Liaison between May 7-9.

## DEADLINE

Artwork must be labeled and submitted by **Thursday, April 10**. Late entries will NOT be accepted!

- Art cannot be previously used in the Art Festival.
- The artwork cannot have explicit or inappropriate content.
- The student or guardian is responsible to submit artwork by the deadline.
- Artwork must be completed (i.e., dry) and secured.

## SUBMIT TO

Don Hatch Youth Center (Education Office) or your school liaison/advocate.

## CATEGORIES

- Drawing
- Painting
- Sculpture
- Mixed Media
- Writing and Poetry
- Culture (Including Carving, Beadwork, Cedar Weaving, Regalia, Drums, Etc.)
- Digital Art and New Media
- ♥ Pure Heart

♥ For Native students w/ disabilities

Students **outside** of the Marysville School District must pick up their art at the Youth Center between May 7-9.

For more information contact **Courtney Jefferson** at 360-716-4882 or [courtneysheldon@tulaliptribes-nsn.gov](mailto:courtneysheldon@tulaliptribes-nsn.gov)





**SNO-ISLE LIBRARIES**

# We can help you!

- Do you need help filling out your FASFA/WASFA application?
- Not being able to create your FSA ID account?
- Simply struggling with these forms?



## FAFSA WASFA



We will provide assistance in completing the financial aid application in English and Spanish at the Marysville Sno-Isle Library.

**FEB**

WED 02/12

MON 02/24

**5:30PM**

**MAR**

WED 03/12

MON 03/24

**5:30PM**

**APR**

WED 04/02

MON 04/14

**5:30PM**

**Walk in Welcome. No appointment needed.**

Please bring your computer and family taxes documentation from 2023.

For questions please email at [info@keepdreamsalive.org](mailto:info@keepdreamsalive.org)



## CAMP MARIPOSA Everett, WA

Transforming lives  
together.



### 2024 Camp Dates

#### Overnight Youth Ages 9-12

April 12-14, 2024

May 31-June 2, 2024

August 26-28, 2024

October 18-20, 2024

December 6-8, 2024

#### Teen Day Camps Ages 13-17

May 4, 2024

August 3, 2024

September 28, 2024

December 7-8, 2024  
(overnight camp)

#### Family Events

In addition to our camps we also offer six free family events throughout the year.

Past events:  
small boat sailing  
roller skating  
pumpkin patch  
trampoline park

Camp Mariposa Everett is a free therapeutic camp, run by Compass Health for youth ages 9-17 affected by substance use disorder in their families. Youth participate in fun, traditional camp activities as well as education and support sessions led by mental health professionals and trained adult mentors. In addition to our camps, we also have family events. Our family events strengthen our Camp Mariposa community by creating connections within the families. Everett is part of Eluna's Camp Mariposa network.

Camp Mariposa helps youth:

- Reduce feelings of isolation and guilt
- Connect with friends facing similar circumstances
- Learn that addiction not their fault
- Build confidence
- Learn critical life skills
- Have FUN!

For more information:

To refer a youth, become a mentor or learn about the program, please contact

Sheridan Haroian, Camp Mariposa Program Supervisor, at 425-349-8480 or email at

[campmariposa@compassh.org](mailto:campmariposa@compassh.org)





**MONDAYS**

**5:30 PM - 8 PM**  
**FIRST MEETING IS SEPT 9TH**

# VOLUNTEER AND DV ADVOCATE TRAINING

Domestic Violence Services of Snohomish County is excited to bring back it's Volunteer and Advocacy Training! By law all volunteers who would like to work directly with clients and children must complete a minimum 20 hours of Domestic Violence Advocacy Training. This training will begin September 9th, 2024, and be from 5:30 - 8 pm every Monday night.



## WE NEED HELP FOR:

- ✓ Support Line
- ✓ Support Group Assistance
- ✓ Shelter Maintenance
- ✓ Clerical/Office Help
- ✓ Special Events
- ✓ Working with Children

## QUESTIONS?

Contact  
**425.259.2827 x 1013**

**Lauren@dvs-snoco.org**

Visit our website  
**dvs-snoco.org**





# Virtual Youth Mental Health First Aid



## What is the purpose of this class?

Youth Mental Health First Aid will improve your knowledge of mental health and substance use problems, and will teach you how to connect youth with care when needed.

## Why is the class being offered?

Anyone can make a difference in the life of an adolescent struggling with mental health or substance use issues.

We aim to provide tools and education to help people recognize signs of mental health challenges, and to support and respond to youth in distress.

Learn a 5-step action plan to help a young person cope with mental health or substance use problems.

**Be aware and informed.**

## Who should attend?

This class is open to adults who regularly interact with adolescents 12 to 18.

## Where is this class located?

This class is being offered virtually.

The virtual class is a free two-part series. The series includes a self-guided course and a live instructor led-course.

The date you sign up for is the date of the live instructor-led course.

## What is the cost to attend?

In partnership with Valley Cities, classes are **free**. Funded by King County MIDD Behavioral Health Sales Tax-Supporting Behavioral Health and Recovery.

## LEARN MORE OR REGISTER

Online: [www.seattlechildrens.org/classes](http://www.seattlechildrens.org/classes)

By phone: Seattle Children's Classes Registration, 206-987-9878

**Be the difference in the life of an adolescent.**



Updated 10/19/23



**Are you the parent of a youth or adolescent who may be living with Emotional/ Behavioral problems or Mental Illness?**

**Come join our monthly Parent Support Group from the comfort of your own home with Zoom (details below). If your youth has rages, ADHD behaviors, is defiant, or is self-harming, YOU ARE NOT ALONE! Families share acceptance and seemingly hidden mental health care and RESOURCES. This group is a safe, CONFIDENTIAL place to vent and support each other as you walk the 24/7 challenge of rearing and loving a youth with an illness you cannot fix. We are all walking a similar walk, and sharing our struggles helps to make it more bearable.**

**WHEN: 1st Tuesday of each month**

**TIME: 7:00pm- 8:30pm**

**LINK:** [https://zoom.us/meeting/register/tJMqdOuoqjorH9CyhSK5v4XeRDHorrtS0AnZ](https://zoom.us/join/join?j=9608782366)

**Please email questions to  
namisnohomishteam@gmail.com**

There are only 12 spaces available for each support group meeting. There are no reservations available. Participants are granted access to the meeting on a first come, first served basis. The meeting will be locked once we have reached maximum capacity, and no more participants will be admitted. This limit is in place to allow facilitators a comfortable amount of time to address all participants. For this reason, participants are encouraged to try logging on 10 minutes early to enter the waiting room and test connection & equipment. If you do not make it into the meeting one month we encourage you to try again the following month.



COVID 19 has changed our society and increased our need for **EMOTIONAL SUPPORT** and **SELF-CARE**. We provide an opportunity to share **UNDERSTANDING** and **CARE FOR OURSELVES** amid society challenges!! For our youth and adolescents, mental health issues get ignored. The **STIGMA** in society so isolates families trying to care for their youth in the throes of these disorders with very few resources. Our adolescents have few appropriate friends and we parents become isolated. Society wants to just blame the parents!! Only 20% of our challenged adolescents are ever identified and fewer still receive treatment. **TREATMENT WORKS!!** Fight for your youth to be tested for an IEP. Social/Emotional problems are one of the **13 FEDERAL** categories for **SPECIAL EDUCATION!!**

**You didn't CAUSE it, you can't (easily) CONTROL it  
You can't CURE it, You must learn to COPE with it.**

~ David Karp M.D.